



CANTERBURY BENCH PRESS CHAMPS 2011 ENTRY FORM

Sat 19th March

City Fitness – NELSON 78 Quarantine Road

Proudly Hosted By POWERLIFTING CANTERBURY

Name.....

Address.....

Phone Number..... e-mail address.....

Weight class.....kg MALE / FEMALE

Category SUB J, JNR, OPEN, M1, M2, M3, M4

T-shirt Size

Entry Fee \$35

Entries Close - 5 March 2011

No entries will be accepted on the day, entries received after closing date will not receive a t-shirt

..... / / 2011

Lifters Signature

- Final weigh-in and session times will be advised A.S.A.P.
- ALL cheques payable to **Canterbury Powerlifting Association**.
- Bank transfers can be made to our account # is **031714 0048908 00** use your name as a reference please and email info@powerlifting-cpa.com to advise payment has been made.

Note: There will be a dinner following the competition at the Nelson Suburban Club from 6pm. Dinner is \$25 per head and can be prepaid along with entry or purchased on the day.

All lifters, officials and supporters will be required to sign in on arrival at the venue to comply with City Fitness policy. A separate register will be made available at the reception. Please ensure that you sign in when you arrive.

Amount Enclosed \$.....

Post To:

CPA Secretary
49 Diamond Ave
Spreydon
Christchurch 8024

Or email to: info@powerlifting-cpa.com

For Further information Contact:

email: info@powerlifting-cpa.com
ph; Leighton Best: 0272633837